



What is CBD?

A Cannabinoid in Hemp & Cannabis

To understand “What is CBD” one need to understand where it comes from: CBD, like THC, is one of about 85 different Cannabinoids found in the Cannabis plant. And like THC, CBD is a cannabinoid.

Cannabidiol or CBD is a natural chemical found in the cannabis plant, which became rather famous after stopping a seizure triggered by epilepsy at the American national television.

It was then when very many people realized the great potential of this substance, discovering that CBD can do more than to alleviate epileptic seizures. It can also decrease anxiety and stress, calm down various types of pains, and can stop spasms.

Still, even so, there are many people that don't know much about CBD and how is this substance different from THC, another chemical contained by cannabis, notorious for its psychoactive properties.

CBD is changing the debate of the use of Cannabis as a medicine
CBD, or cannabidiol, is quickly changing the debate surrounding the use of marijuana as a medicine. From the ingredient in marijuana that “gets users high”, most people have a fair general knowledge about a chemical called THC.

THC has long ago obtained the status of “illegal psychoactive drug”, and has retained that status even until today. THC is still illegal in most of the states of America, and also in most parts of the world.

Fairly recently, however, attention has been focused on another abundant compound making out a part of the total marijuana cocktail, if an herb can actually be called that.

This substance is called Cannabidiol (CBD) and it was for a good reason that the focus has shifted. There is some rapidly growing evidence that CBD has a great many medical benefits regarding various diseases and the general health of any person.

Hopefully, you will find all the information you need and want to know about CBD in the following lines.

What is CBD?

CBD is a substance that abounds in the cannabis plant and, in comparison with THC or tetrahydrocannabinol, it is non-psychoactive. So, if one consumes this substance, the person will not manage to get “high” due to CBD.

The substance induces relaxation without any intoxicating effects. In other words, CBD will indeed influence your organism, but will not alter reality or your senses by affecting your brain.

Cannabidiol or CBD for short is the second most prominent compound found in the cannabis plant. A lot of the medical benefits of cannabis that are attributed to THC or other cannabinoids are due to the CBD content of the used cannabis plant.

It has very strong anti-inflammatory properties and not only does it help suppress inflammation but there was a study that showed that it also helps the body to not make the chemical that causes inflammation. So, it actually has somewhat of a preventive role.

Cannabidiol has also been found to have anticonvulsant properties. In that it can reduce the seizure threshold for several patients. Patients who have said that once

they started using CBD rich strains they have found that they have had less episodes of their seizures.

CBD is synthesizing the plant through the same pathways as THC & CBC. It starts out at Geranyl pyrophosphate and olivetolic acid. Those two compounds join through an enzyme catalyzed reaction.

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References – Published by:

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